

Treatment Menu

PH 03 5916 1123 WWW.SJMSKINAESTHETICS.COM.AU 108 Main Street, Mornington 3931 **MISSION STATEMENT**

To instill confidence, hope and change in people's lives.

ABOUT US | HOLISTIC SKIN CLINIC

Our goal is to build a healthy skin culture where people can begin to make informed decisions about their skin and take charge of their health. By educating them about what their skin truly needs to sustain it's healthy environment, only then can they begin to enjoy their 'dream skin'.

As you navigate through our treatment menu you will see various phases of treatments. As a new client, this is how your journey will progress with us. Starting with Phase 1, 2 ど 3 (if needed). You have options within each phase to best suit your needs or budget. We cannot wait to meet you!

Phase 1: Education & Skin Prep

EXPRESS CONSULTATION

A brief discussion surrounding your current skin concerns and a tailored program to help you reach your end goals. Suitable for those with minimal concerns or needing a once off/occasional treatment. For all clients seeking complete skin correction and in-depth advice we recommend our Advanced Skin Analysis.

ADVANCED SKIN ANALYSIS

A detailed assessment on your skin using advanced skin machinery. Your Therapist will explore your skin history and health, listen to your concerns and educate you to properly learn how to sustain long term healthy skin. Includes visual photography to show case any damage within the skin along with a tailored program to reach your end goals. Recommended for all new clients.

SKIN REVIEW

Skin Reviews are recommended 6-12 months into your skin program. This is to assess and track the level of improvement being accomplished both at home and in treatment via our photographic machinery. A great opportunity to view your before and after's. Only applicable to those who have undergone the Advanced Skin Analysis.

IPL CONSULTATION

Understand how IPL works for the management and correction of skin pigmentation, acne, vascularity and fine lines. Learn whether you are a suitable candidate.

30 minutes | \$69.00

30 minutes | \$59.00

60 minutes | \$110.00

15 minutes | Complementary

Phase 2: Repair + Rebuild

LED LIGHT THERAPY FACIAL

Working within a cellular level, LED Light Therapy improves circulation and lymphatics, speeds up healing and restores healthy skin function. As cells absorb light energy it encourages better cell to cell communication, collagen and elastin activity and managing inflammation within the skin.

ORGANIC FACIAL

A certified organic facial that improves blood flow, invigorates facial muscles and replenishes the skin with concentrated plant nutrients. Includes a unique prebiotic algae mask.

OXYGEN INFUSION

Deeply hydrates the skin from the lower layers through to the surface layers of the skin with watery rich actives. Instantly plumps and delivers dramatic results with no downtime. Highly recommended before a special occasion or for dehydrated skin concerns.

HERBAL PEEL

A blend of natural herbs are deeply massaged into the skin and as they become embedded, slowly release their natural enzymes, phytonutrients and antioxidants for up to a week. This encourages skin renewal within 24 hours.

SJM SIGNATURE FACIAL

An all inclusive experience that focuses strongly on bringing a boost of circulation back into the skin and improving your bodies removal of toxic wastes. Enjoy the combination of Enzyme Peeling, LED light therapy, Chinese medicine lymphatic techniques, hot stones and 2 deluxe masks layered on top of each other that both cool and heat the skin to give it the ultimate workout.

SUPERFACIAL

TriPollar Skin Tightening produces natural collagen regeneration for a visible improvement in the appearance of fine lines, wrinkles and lax skin. Ultrasound Product Infusion then enables increased penetration of corrective skincare that is chosen to match your specific skin needs. It is very comfortable and super relaxing! Skin Tightening treatments feel like a warm hot stone massage and is pain-free.

60 minutes | \$169.00

60 minutes | \$199.00

75 minutes | \$220.00

45 minutes | \$169.00

60 minutes | \$220.00

30 minutes | \$80.00

FACIAL ADD ON RECOMMENDATIONS

LED

15 minutes | \$55.00

Boost your cell's performance and healing through LED's energising light.

EXTRACTIONS

15 minutes | \$39.00

Effectively extract stubborn congestion utilising ultrasonic exfoliation or lancet work for singular spots.

ALGAE MASK

15 minutes | \$29.00

Soothing and cooling mask that increases the supply of oxygen.

Our goal is to build a healthy skin culture where people can begin to make informed decisions about their skin and take charge of their health.

We understand your skin is unique and therefore needs a unique journey of its own.

Phase 3: Correct & Rejuvenate

IPL SKIN CORRECTION (PIGMENTATION/VASCULAR/REJUVENATION)

A light based treatment suitable for correction of Pigmentation, Sun Damage, Capillaries and Diffused Redness. A must do for evening out the skin's complexion.

 Full Face \$270.00 | Cheeks + Nose \$220.00 | Cheeks \$200.00 | Nose \$90.00

 Spot Treatment \$70.00 | Neck \$170.00 | Hands \$120.00 | Chest \$320.00

 Full Face, Neck, Decolletage \$599.00 (save \$161.00)

INTRODUCTORY SKIN NEEDLING

Promotes the natural production of collagen and elastin. Recommended for fine lines, dilated pores, acne scars or general rejuvenation for healthy skin. Includes LED Therapy on the day to assist with recovery and an Enzyme Peel 4 days after to remove any dry flakes. This session can be done repeatedly with each visit or as a once off for your first introduction.

Full Face \$299.00 | Half Face \$199.00 | Neck \$150.00 | Spot Treatment \$99.00 Face, Neck & Decolletage \$599.00 (save \$149)

LASER TONING FACIAL

A deep, rejuvenating facial that yields lasting results. Perfect for an instantaneous glow and revival before any special event or a rejuvenation program. Promotes the induction of collagen as well as providing deep cleansing and exfoliating benefits.

Body Treatments

BODY CONTOURING

A non-invasive skin tightening and fat reduction treatment that can sculpt, tone and tighten without the need for painful surgeries or downtime.

Common areas for treatment include: Abdomen, thighs, buttocks, arms, jawline, and under chin.

SCAR REVISION WITH SKIN NEEDLING

Suitable for stretch marks and body scars or imperfections.

TATTOO REMOVAL Small \$100 / Medium \$150 / Large \$250 / Extra Large \$350

We utilise a non-invasive Q-Switch laser which creates a high intensity pulsed beam light. This laser shatters tattoo ink into tiny fragments and the immune system then flushes out these particles causing the tattoo to fade. (package available)

From \$200

Price upon consultation

45 minutes | \$399.00

45 minutes | \$299.00

Skin Packages

Customised Packages: These can be tailored to any treatment combination (typically based around your personalised program created during your consultation). Pre-pay up front and receive the following discount. Please note add ons are not classed as a singular treatment.

Purchase any x6 Skin Treatments and receive 10% off the total price Purchase any x8 Skin Treatments and receive 15% off the total price Purchase any x10 Skin Treatments and receive 20% off the total price Packages have a 12 month expiry and cannot be refunded.

PRE-MADE PACKAGES

ANTI REDNESS PACKAGE

x6 LED Facials, x1 Organic Facial Products: Bare Roots Gentle Cleansing Milk 100ml, Omega Oil 30ml, Vital Cream 50ml and SPF

ACNE PACKAGE

x1 Organic Facial + LED, x2 Herbal Peels, x1 Skin Needling Products: Bare Roots Gentle Foaming Cleanser 150ml, Bamboo Enzyme Peel 50ml, Vital Cream 50ml, Microflora+ Algae Mask 100g

HYDRATION PACKAGE

x4 Oxygen Infusion + LED, x1 Superfacial Products: Bare Roots Gentle Cleansing Milk 100ml, Herbal Mist 50ml, Omega Oil 30ml, Flora Cream 50ml, Beauty EFA (60 caps)

PIGMENTATION PACKAGE

2x Herbal Peels + LED, x1 IPL Full Face, x2 Skin Needling Products: Bare Roots Gentle Foaming Cleanser 150ml, Bamboo Enzyme Peel 50ml, Curative Serum 30ML, Vital Cream 50ml, SPF, Microneedle Skin Roller

ANTI-AGING PACKAGE

x1 Herbal Peel, x1 SJM Signature Facial, x2 Superfacial, x2 Skin needling Products: Bare Roots Cleanser, Curative Serum, Omega Oil, Flora Cream, Microneedle Skin Roller, SPF

\$799 (save \$141)

\$1250 (save \$192)

\$1550 (save \$221)

\$1650 (save \$222)

Enjoy one of our Ready-made skin packages tailored to your skin concern.

Clinic Policies

BOOKING POLICY - In order to secure your booking we require a \$50 deposit for appointments up to 75 mins. Appointments longer then 75 minutes will require a deposit of \$100 to secure. This deposit is redeemable on the day of your service or alternatively, can be kept on file to secure all future bookings.

In the instance of a no show or last minute cancellation within 48 hours of your booking, your deposit will be forfeited and will need to be repaid should you wish to rebook. We understand emergencies and unforeseen circumstances can occur which may result in a last minute cancellation; however, we cannot make exceptions and this policy applies to all.

To prevent last minute cancellations, you will receive a reminder email 7 days prior to your appointment along with a reminder text 3 days prior. We kindly ask you to reply to this email or text with a 'Y' to confirm or 'N' to cancel.

We appreciate your understanding and ongoing support. If our clinic policy is not suitable, we advise not proceeding with an appointment.

GIFT VOUCHERS - In the instance of a last minute cancellation or no-show to your appointment whereby you are using a Gift Voucher, unfortunately the gift voucher will be forfeited.

In order to prevent a fee from occurring, please respond to your reminder text during business hours by 9am the following day upon receiving it.

Please Note: Fee redemptions must be used within 3 months of a cancelled appointment.

CHILDREN - We love children however due to Occupational Health & Safety and a potential noise disruption during facials, we advise not to bring them.

WHEN TO ARRIVE - If it is your first time having a skin treatment we request your arrival 10 minutes prior to your appointment to allow completion of your consultation form.

WHAT IF I AM LATE - Arriving late will unfortunately run into the time allocated for your treatment but will continue to incur the full treatment charge. This is only applied if there is a client booked in directly after you. It is a courtesy to all our clientele that all treatments are completed as scheduled.

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